

### 1. Insert Battery

- Remove wall mount or wire bracket from the back of monitor.
- Open battery compartment on back of monitor.
- Insert a new 9V alkaline battery. DO NOT use old batteries.
- Replace battery cover.

### 2. Voice Alarm

- Practice what you are going to be recording, and hold monitor approximately 4-8 inches from the mouth.
- Push down side RECORD button, and immediately begin recording your message.
- Speak slowly and enunciate your words.
- Release the RECORD button when you are finished.



### 3. Using Pressure Pads and Nurse Call Cords

- Insert the pressure pad plug into the far right plug on the bottom of the monitor.
- This pad is now ready to be used.
- If using a Nurse Call Cord, insert the cord plug into the far left jack on the bottom of the monitor.
  - This option will silently alarm the nurse when there is monitor activity.

### 4. Testing the Monitor

- Before first and each use, test the system.
- Apply pressure to the pad for 3 seconds, and you will hear the monitor "chirp" to ensure the system is armed.
- Remove pressure and the alarm should sound.
- Ensure your voice recording is correct. If not, re-record your message.

### 5. Reset & Hold Options

- After the alarm has sounded when pressure is removed from the pad, hit the RESET button, or position the patient back on the pad to stop the alarm from sounding.
- Press the HOLD button prior to moving a patient to delay the alarm from sounding when weight is removed from the pad.

